

Your monthly contribution rates as of July 1, 2017

Plan	Cost sharing		Single monthly	Family monthly
	Retiree/survivor	СРС	premium*	premium*
Extended Health Care Plan with basic hospital coverage	20%	80%	\$19.73	\$35.23
Hospital Option A	100%	0%	Payment of premium temporarily suspended	
Hospital Option B	100%	0%	Payment of premium temporarily suspended	
Dental Care Plan	40%	60%	\$14.62	\$28.20
Basic Life Insurance Plan	33.3%	66.7%	\$0.18 per \$1,000 of coverage	

^{*}Rates are subject to change. Applicable sales taxes are not included.

Premium payment

- Extended health care and dental care premiums are deducted automatically from your bank account by Great-West Life, your benefits provider.
- Basic Life Insurance premiums are deducted from your monthly pension payment.

Note

- Canada Post reserves the right, in its sole discretion, to cancel or modify any or all retirement benefits. You will be informed in writing of any proposed changes.
- Missing two consecutive monthly premium payments due to non-sufficient funds will result in benefit coverage being terminated.
- Applicable CUPW, PSAC, CPAA, APOC and MGT represented employees.

For more information, contact:

Great-West Life 1-866-249-5723 | Pension Centre 1-877-480-9220